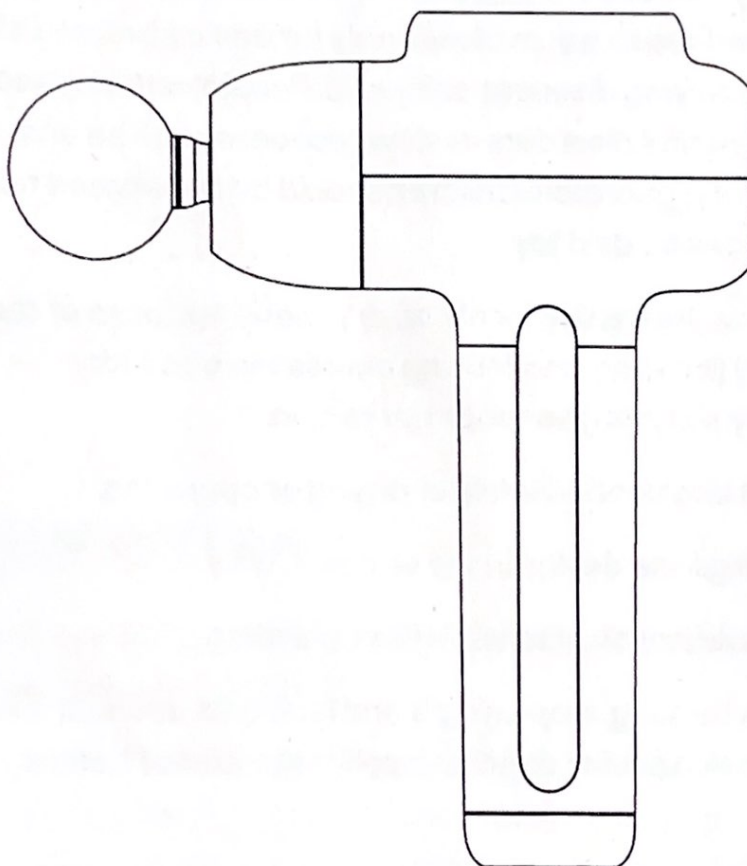


User Guide

HR 2 PRO



Thank you for choosing this product. To ensure the safety and reliability, all products produced by Red and Black Technology Co., Ltd have been strictly tested before releasing.

Please read the instructions carefully before use.

STORAGE AND MAINTENANCE

STORAGE

If the device has been stored for more than 3 months, inspect and recharge it before use. Do not place it on the floor, next to walls, or on the roof. Make sure ventilation is good and keep the device away from strong sunlight and corrosive gases.

TRANSPORTATION

The device is packed with a simple shockproof package and is suitable for transportation by air, rail, road, and ship. This device should avoid rain, snow, inversion, and collision.

POWER SUPPLY CHECK

Check the power supply carefully before using the device, if the power supply voltage exceeds the specified range, please do not use it.

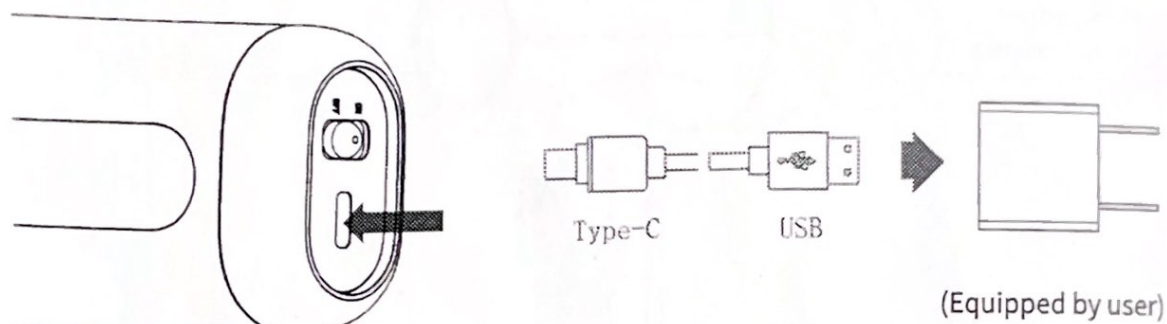
MAINTENANCE

This device should be protected from moisture, rodents, and pollution. Please turn off the device when cleaning. After use, please put the device in a safe place. Do not place heavy objects on the unit. When the device is malfunctioning, please ask professional technicians to repair it, do not disassemble it by yourself.

DISPOSAL AND RECYCLING

This device should not be disposed of together with household garbage. When you decide to dispose of this device, please follow the local environmental laws and disposal guidelines.

CHARGING

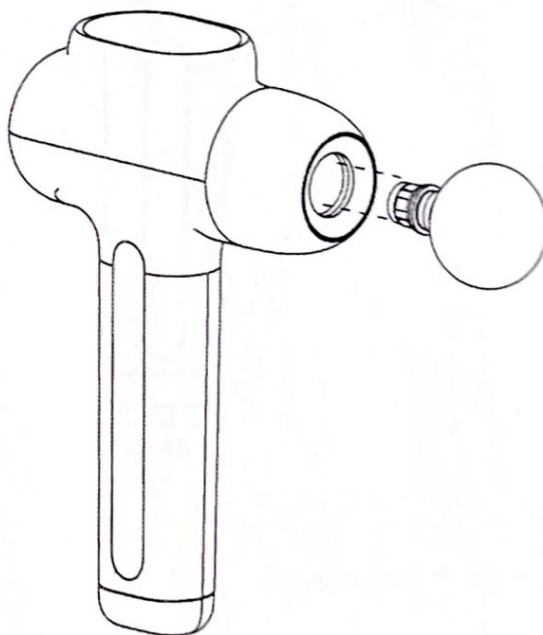


- The device should be fully charged before first use.
- Charging time is about 2-3 hours.
- To charge, simply plug the Type-C into the charger. The LEDs will flash and show the battery level. When the device is fully charged, the LEDs will turn green.
- Always unplug this device from the electrical outlet immediately after fully charging.
- To reduce the risk of hazards, do not use the device while charging.
- The device should be charged when the battery is low; if the device is not charged for a long time it may not work again.

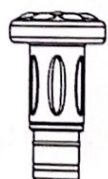
OPERATION

USING/REPLACING HEAD ATTACHMENTS

To use a head attachment, insert the desired head directly into the shaft/opening while pushing firmly. To replace, turn the device off then simply rotate or pull out the originally attached head.



INTERCHANGEABLE HEAD ATTACHMENTS



Flat
(toughened PP)



Ball
(EVA foam)



Fork
(toughened PP)



Bullet
(toughened PP)

OPERATION

POWER ON

Switch your device to ON position at the base of the handle, once your device is powered on the blue lights will illuminate to indicate the battery level. The number of -0- will be shown on the LED display.

SPEED SETTING

To change the speed setting by pressing the speed button once per speed. It will switch between 1st speed, 2nd speed, 3rd speed, 4th speed, 5th speed, 6th speed, and neutral in turn.

Note: In order to avoid damage to bones and fascia caused by long-term massage, this product has set an intelligent protection mode, which will automatically stop after 10 minutes.

POWER OFF

To power off, switch the device to OFF position at the base of the handle.

IMPORTANT PRECAUTIONS

WARNING:

To reduce the risk of serious injury, read all precautions and instructions in this manual before you use this product. assumes no responsibility for personal injury or property damage sustained by or through the use of this product wrongly.

1. For adults only. Children or pregnant women are not allowed to use this device. Please ask professionals for advice before using this device if carrying diseases or injured. People with physical weakness or mental disorders or slow response shall be under the guidance of a guardian. Children should be supervised not to play with this device as a toy.
2. When using the device use it only on dry, clean surfaces of the body by lightly pressing and moving across the body for approximately sixty(60) seconds per region.
3. Do not leave it unattended while charging or operating.
4. Do not submerge the device in the water.
5. The vents should not be blocked while operating.
6. If the device is heating, stop using it and let it cool down. If it is overheating, ask a professional to inspect the device before using it again.
7. Do not modify the device by yourself.
8. To reduce the risk of electric shock, do not touch the charging cable or the charging port with wet hands.
9. The device should only be used on soft tissue areas of the body

and should not be used on any hard or bony areas of the body, including the head and neck.

10. Keep the device far away from fire, heat source, and any liquids.
11. Do not use the device if you are pregnant, injured, or sick
12. Do not disassemble, crush, burn or short-circuit the battery.
13. When using the device, keep fingers, toes, hair, and other body parts away from the shaft to avoid pinching or entanglement.



Do not touch this part while the machine is running without massage node.



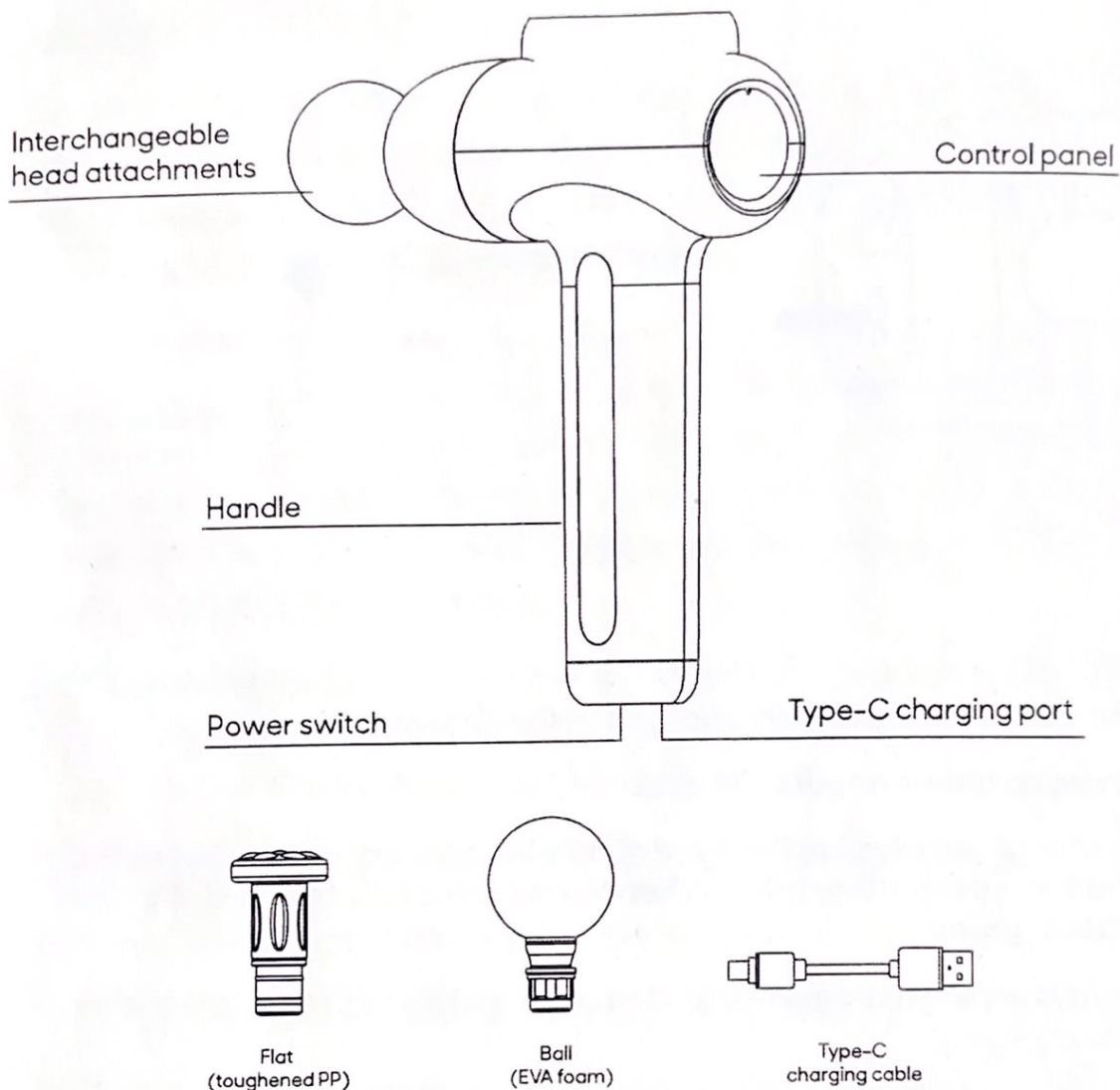
Do not touch this part while the machine is running with massage node.

IMPORTANT

Do not use this product in any of the following cases without the consent of your physician.

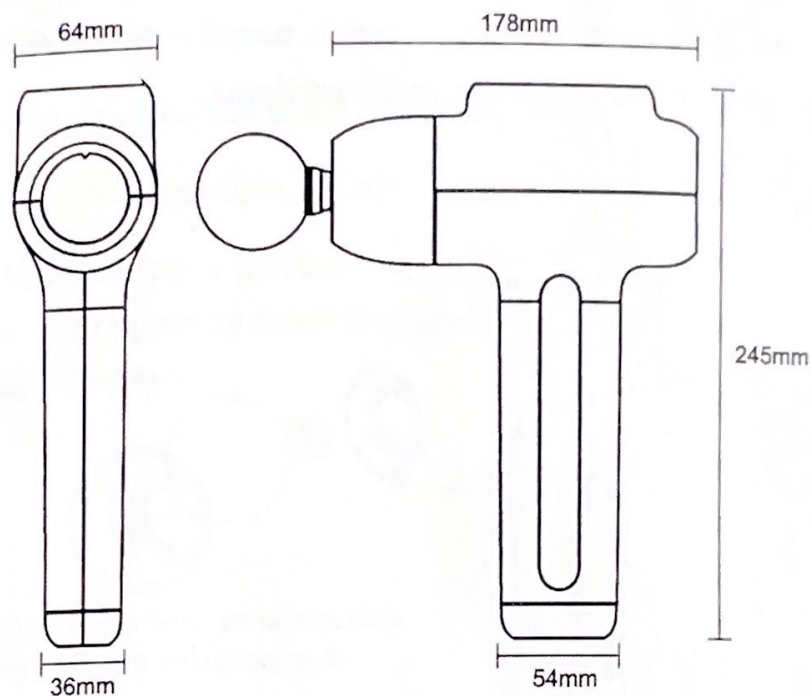
Pregnancy, diabetic complications (such as neuropathy or retinal damage), wearing a pacemaker, epilepsy or migraine, disc herniation, advancement of the spine, vertebral detachment, or spinal joint stiffness, recent joint replacement surgery or IUD, having metal needle or steel plate, and any problems related to your health. These contraindications mentioned above do not mean that you are not allowed to use this product, we recommend you to consult your physician before use.

OVERVIEW



This is a portable, rechargeable, handheld percussion massager with adjustable stroke, adjustable speed, and various head attachments. The device relieves muscle tension and soreness by tapping muscles with different tapping intensities and at different speeds to warm up and recover before and after physical activity.

SPECIFICATIONS



Product size: 178 * 64 * 245mm

Product weight: 895g

Chassis material: ABS+PC

Amplitude: 12mm

Charging voltage and current: 5V/2A

Charging time: 3-4H

Stall force: $\geq 120\text{N}$

Rotation speed levels: 1500/1750/2000/2250/2500/2700rpm

Cell capacity: 2500mAh

Battery specification: 4 cells/18650

TROUBLESHOOTING

If you experience a malfunction while using the device, please perform the following checks. If you are unable to troubleshoot the problems or the device still does not work properly, stop using it and turn the power off immediately and have it repaired by a professional technician. Do not disassemble the device by yourself!

Basic Failure	Possible Causes	Troubleshooting
Cannot be turned on	Is the battery power drained	If yes, please charge in time
The massaging strength is weak	Is the battery power low	If yes, please charge in time